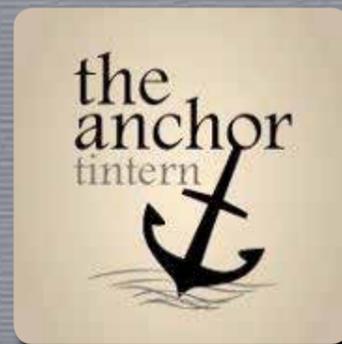


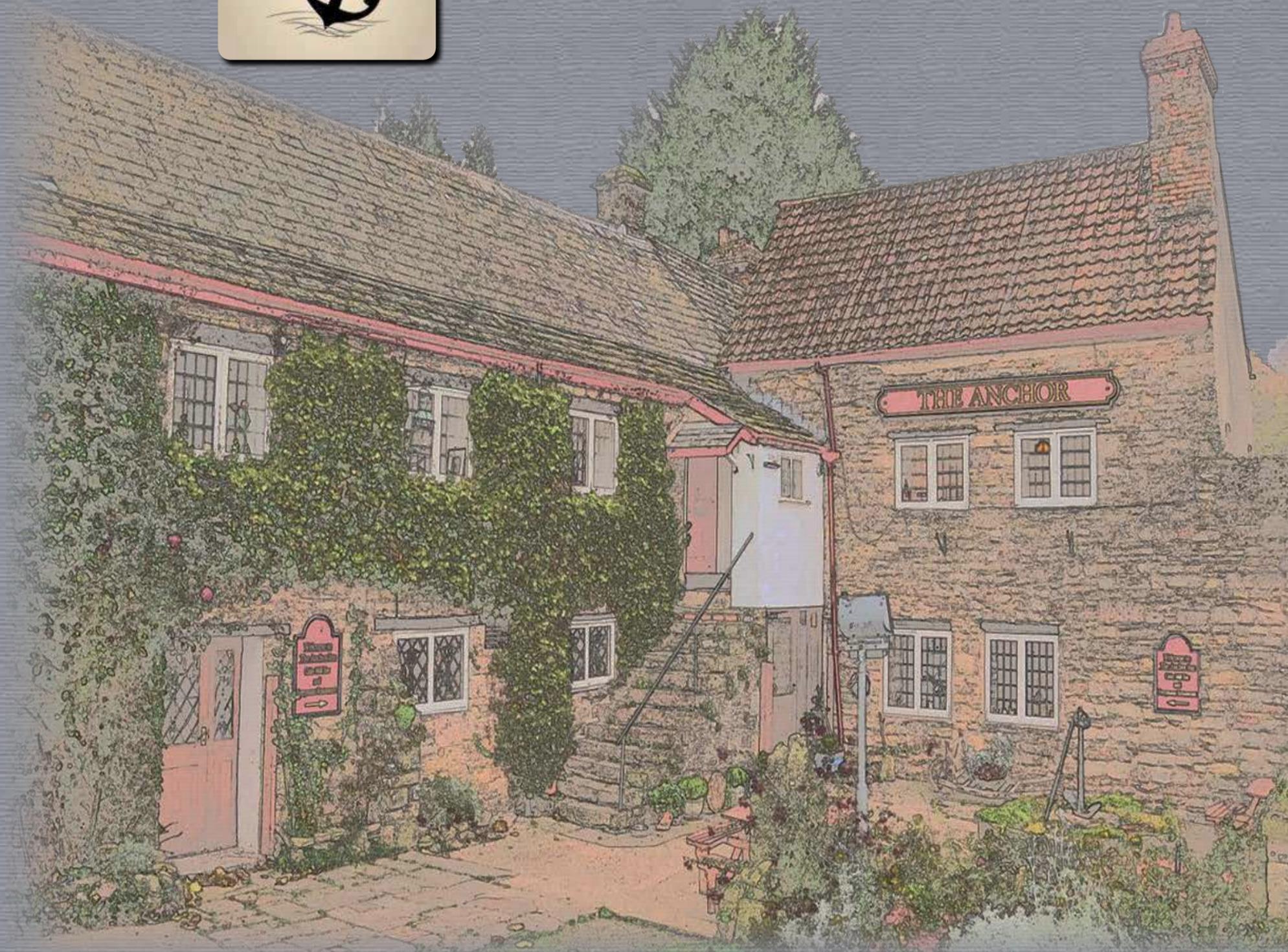
HOT BEVERAGES MENU

Espresso	£2.40
Americano	£2.80
Latte	£2.80
Cappuccino	£2.80
Mocha	£2.80
Hot Chocolate	£2.80
English Tea	£2.30
Selection of Speciality & Fruit Teas from	£2.20

Decaffeinated Tea & Coffee also available



Dinner Menu



Ask to see our
Specials Board
for today's selection
of specials

All our food is freshly prepared and cooked to order, during busy periods this may mean a wait for food, we appreciate your patience.

✓ Suitable for Vegetarians. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients.

If you have a food allergy, please let us know before ordering.

Full allergen information is available on request.

Tintern, Chapel Hill, NP16 6TE
contact@theanchortintern.co.uk
www.theanchortintern.co.uk



The Anchor Inn

Tel: 01291 689582

The Anchor Inn

Is situated alongside the River Wye, with the stunning backdrop of Tintern Abbey. This historic inn, set in extensive grounds, dates back to the twelfth century and was originally a cider mill and grain store for the Abbey itself. We pride ourselves on producing good quality home cooked food, accompanied by a good selection of well kept, cask ales and local ciders, coupled with friendly service.

WHILE YOU WAIT...

Olives v	£1.50
Bread, Olives & Homemade Hummus	£3.00
Pork Scratchings With Cider Apple Sauce	£2.00

STARTERS

Soup Of The Day v	£4.50
Served with a warm roll and butter	

Pressed Ham Hock Terrine	£5.50
With pickled vegetables, warm brioche and dressed salad leaves	

Beetroot Risotto v	£5.50/£10.50
With toasted goats cheese, tarragon and beetroot puree <i>(Also available as a main course)</i>	

Chargrilled Chicken & Bacon Caesar Salad	£6.50/£12.00
With croutons, cherry tomatoes and parmesan <i>(Also available as a main course)</i>	

Asparagus En Croute	£7.00
Chargrilled asparagus on toasted onion bread with a poached duck egg and hollandaise sauce	

Hot Smoked Salmon	£6.50
with a fennel and watercress salad, grated horseradish and lemon oil	

GRILLS

8oz Sirloin Steak	£16.00
8oz Rump Steak	£14.00
Chicken Breast	£11.00

All served with slow roasted plum tomato, buttered flat mushroom and your choice of chunky chips, new potatoes or creamy mash

Add A Sauce Or Butter	£1.50
Peppercorn sauce, blue cheese sauce, lemon and herb butter, garlic butter or peppercorn and chilli butter	

MAINS

Local Ale Battered Haddock Fillet	£12.00
with chunky chips, pea and mint puree, homemade tartare sauce and dressed salad leaves	

Anchor Pie	£11.50
British beef cooked in an ale and vegetable gravy, topped with shortcrust pastry. Served with chantenay carrots, peas and your choice of chunky chips, creamy mash or new potatoes	

Sausage Of The Week	£11.00
<i>(Please ask your server for our current sausage)</i> Served in a giant Yorkshire pudding with peas, parsley mash and a cider gravy	

Homemade Butter Chicken Curry	£11.00
With basmati rice and a garlic and coriander naan <i>(Just ask if you would like it a bit spicier!)</i>	

Cherry Tomato, Roasted Red Pepper, Spinach & Tintern Cheddar Tart v	£10.50
With buttered new potatoes and a rocket salad	

Duo Of Lamb	£16.50
Chargrilled lamb chops and a homemade lamb and mint faggot served with buttered seasonal greens, dauphinoise potatoes with a rosemary and red wine jus	

Twice Cooked Pork Belly	£15.00
With herb and garlic roast new potatoes, toffee apple, buttered savoy and a cider brandy jus	

Confit Duck leg	£14.50
With puy lentils, braised red cabbage, homemade fruit chutney and balsamic jus	

Pan Roasted Hake Fillet	£15.50
With olive crushed potatoes, wilted spinach, roast chorizo and a rich cherry tomato and mussel sauce	

The Anchor Burger	£11.50
Homemade beef patty with smoked Applewood cheese and crispy streaky bacon. Served in a pretzel bun with tomato relish, baby gem lettuce and tomato, with fries and coleslaw	

Mushroom Burger v	£10.50
Whole roast flat mushroom filled with our own homemade Welsh rarebit sauce. Served in a pretzel bun with tomato relish, baby gem lettuce and tomato, with fries and coleslaw	

SIDES

£3.00

Buttered New Potatoes
Dauphinoise potatoes
Creamy Mash
Chunky Chips (Add cheese for 75p)
French Fries (Add cheese for 75p)
Garlic Bread (Add cheese for 75p)
Seasonal Vegetables
Onion Rings
Rocket & Baby Leaf Salad
Caesar Salad

DESSERTS

Apple, Cherry & Oat Crumble	£5.50
Served with either vanilla ice cream or homemade custard	

Chocolate & Hazelnut Brownie	£5.50
With chocolate sauce and Upton farm honeycomb ice cream	

Rhubarb & Custard Fool	£5.50
Ginger shortbread and Chantilly cream	

Baileys Pannacotta	£5.50
Praline, salted caramel sauce and fresh berries	

Lemon Curd Tart	£5.50
Crushed meringue, Upton farm limoncello ice cream and blood orange coulis	

Welsh Cheeseboard	£7.00
Locally sourced Welsh cheeses, homemade chutney, grapes and cheese biscuits	

Traditional Ice Cream	£5.00
Please ask your server for our current ice cream selection	

All of our dishes are homemade using locally sourced fresh products where available. If you have any specific dietary requirements please ask your server who will be only too happy to help.