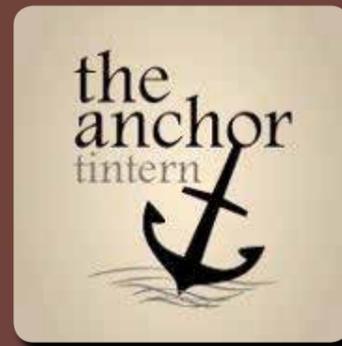


## HOT BEVERAGES MENU

Espresso	£2.40
Americano	£2.80
Latte	£2.80
Cappuccino	£2.80
Mocha	£2.80
Hot Chocolate	£2.80
English Tea	£2.30
Selection of Speciality & Fruit Teas from	£2.20

*Decaffeinated Tea & Coffee also available*



# Menu

### Monday - Friday

Kids eat for £1 - between 4.30 and 7 with a full paying adult.

### Monday

Choose any burger on our menu and we'll buy your drink!  
- Restrictions apply - 5:30pm onwards

### Tuesday

Two can dine for £15 - selected meals ⚓ 5.30pm onwards

### Wednesday

Curry platter evening. Choice of 3 or more curry dishes.  
You'll get extras to enjoy- chips, poppadum, chutney  
and an onion Bahjis. - 5.30pm onwards

### Thursday

25% off everything on the special board.  
- 5:30pm onwards

### Friday

Order 2 of either the "fish of the day" or anything off our  
grill section and have a bottle of house white on us -  
Restrictions apply - All day

*Ask to see our Specials Board  
for today's selection of specials*

**All our food is freshly prepared and  
cooked to order, during busy periods  
this may mean a wait for food,  
we appreciate your patience.**

✔ Suitable for Vegetarians. All our food is prepared in a kitchen  
where nuts, gluten and other allergens are present and our  
menu descriptions do not include all ingredients.

**If you have a food allergy, please let us know  
before ordering.**

Full allergen information is available on request.



Tintern, Chapel Hill, NP16 6TE  
contact@theanchortintern.co.uk  
www.theanchortintern.co.uk



# The Anchor Inn

Tel: 01291 689582



# The Anchor Inn

Is situated alongside the River Wye, with the stunning backdrop of Tintern Abbey. This historic inn, set in extensive grounds, dates back to the twelfth century and was originally a cider mill and grain store for the Abbey itself. We pride ourselves on producing good quality home cooked food, accompanied by a good selection of well kept, cask ales and local ciders, coupled with friendly service.

## STARTERS

### SHARERS

<b>Bread, Olives and Hummus Sharer</b> 	<b>£ 5.00</b>
<b>Nachos Sharer</b>  Tortilla chips topped with Cheddar, guacamole, tomato salsa and sour cream	<b>£7.50</b>
<b>Add BBQ Pulled Pork for</b>	<b>£1.50</b>
<b>Baked Camembert with Rosemary and Garlic</b>  Ciabatta shards and rocket	<b>£9.00</b>

### INDIVIDUAL STARTERS

<b>Soup of the Day</b> Served with a warm roll and butter	<b>£4.50</b>
<b>Bread, Olives and Hummus</b> 	<b>£3.50</b>
<b>Chicken, Chorizo and Smoked Bacon Terrine</b> Baby salad leaves and a sweet red pepper salsa	<b>£5.50</b>
<b>Tempura Battered King Prawns</b> Sweet chilli and lime mayonnaise	<b>£6.50</b>
<b>Wild Mushroom Risotto</b>  Rocket and parmesan crisp	<b>£5.50</b>

## MAIN COURSES

### GRILLS

<b>8oz Sirloin</b>	<b>£17.00</b>
<b>8oz Rump</b>	<b>£15.00</b>
<b>Peri Peri Marinated Chicken Breast</b>	<b>£11.00</b>

**Want to go Surf and turf? Just add**

<b>Scampi</b>	<b>£3.00</b>
<b>Garlic King Prawns</b>	<b>£3.50</b>

*All served with roast plum tomato, flat mushroom and a choice of chunky chips, creamy mash or buttered new potatoes*

<b>Add Sauce</b>	<b>£1.50</b>
Peppercorn Sauce	
Blue Cheese Sauce	
Red Wine and Rosemary Jus	

### BURGERS

<b>The Anchor Burger</b> 	<b>£11.50</b>
Chargrilled beef patty topped with smoked applewood cheese, smoked streaky bacon	
<b>Chicken Burger</b> 	<b>£11.00</b>
Chargrilled butterflied chicken breast topped with smoked streaky bacon and mature Cheddar	
<b>Portabella Mushroom, Quinoa and Thyme Burger</b>  	<b>£11.00</b>
Homemade patty topped with mozzarella and a chilli & lime mayonnaise	
<b>Guest Burger of the Day</b>	
Please ask your server for today's burger	
<b>Want to add something extra to your burger?</b>	
<b>Onion Rings</b>	<b>£1.50</b>
<b>BBQ Pulled Pork</b>	<b>£1.50</b>
<b>Smoked Streaky Bacon</b>	<b>£0.75</b>
<b>Chorizo</b>	<b>£1.00</b>

*All burgers are served in a pretzel bun with homemade tomato relish, baby gem lettuce and sliced tomato, french fries and coleslaw.*

*All our burgers are homemade and cooked fresh to order*

## ANCHOR FAVOURITES

<b>'The Anchor' Beef, Ale and Mushroom Pie</b> 	<b>£11.50</b>
British beef slow cooked in Wye Valley Ale with mushrooms topped with a shortcrust pastry lid. Served with Chantenay carrots, peas and a choice of chunky chips, creamy mash or buttered new potatoes	

<b>Kingstone Ale Battered Haddock</b> 	<b>£12.00</b>
Served with chunky chips, minted pea puree, homemade tartare sauce and lemon	

<b>Homemade Lamb and Mint Faggots</b>	<b>£13.00</b>
Served with creamy mash potato, buttered greens and a red wine and rosemary jus	

<b>Twice Cooked Pork Belly</b>	<b>£15.00</b>
Served with garlic roasted new potatoes, carrot puree, savoy cabbage with bacon and a cider jus	

<b>Butternut Squash, Red Onion, Spinach and Rosemary Crumble</b>  	<b>£11.00</b>
Served with a cheese crumble topping, buttered new potatoes and broccoli	

<b>Fish of the Day</b>	
Please ask your server for today's fish of the day	

### SIDES

<b>Onion Rings</b>	<b>£3.00</b>
<b>Chunky Chips</b> (add Cheese 75p)	
<b>French Fries</b> (add Cheese 75p)	
<b>Side Salad</b>	
<b>Seasonal Veg</b>	
<b>Garlic Bread</b> (add Cheese 75p)	
<b>Creamy Mash</b>	
<b>Buttered New Potatoes</b>	

*Please see your server for our dessert board.*