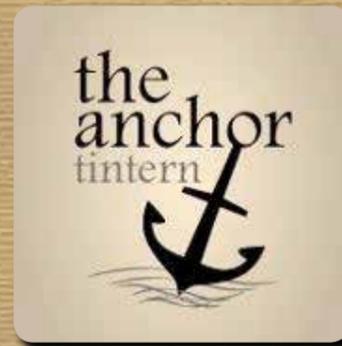


## HOT BEVERAGES MENU

Espresso	£2.40
Americano	£2.80
Latte	£2.80
Cappuccino	£2.80
Mocha	£2.80
Hot Chocolate	£2.80
English Tea	£2.30
Selection of Speciality & Fruit Teas from	£2.20

*Decaffeinated Tea & Coffee also available*



# Lunch Menu



Ask to see our  
Specials Board  
for today's selection  
of specials

**All our food is freshly prepared and cooked to order, during busy periods this may mean a wait for food, we appreciate your patience.**

✓ Suitable for Vegetarians. All our food is prepared in a kitchen where nuts, gluten and other allergens are present and our menu descriptions do not include all ingredients.

**If you have a food allergy, please let us know before ordering.**

Full allergen information is available on request.

Tintern, Chapel Hill, NP16 6TE  
contact@theanchortintern.co.uk  
www.theanchortintern.co.uk



# The Anchor Inn

**Tel: 01291 689582**

# The Anchor Inn

*Is situated alongside the River Wye, with the stunning backdrop of Tintern Abbey. This historic inn, set in extensive grounds, dates back to the twelfth century and was originally a cider mill and grain store for the Abbey itself. We pride ourselves on producing good quality home cooked food, accompanied by a good selection of well kept, cask ales and local ciders, coupled with friendly service.*

## STARTERS

- Soup Of The Day**  **£4.50**  
Served with a warm roll and butter
- Pressed Ham Hock Terrine** **£5.50**  
With pickled vegetables, warm brioche and dressed salad leaves
- Beetroot Risotto**  **£5.50/£10.50**  
With toasted goats cheese, tarragon and beetroot puree *(Also available as a main course)*
- Chargrilled Chicken & Bacon Caesar Salad** **£6.50/£12.00**  
With croutons, cherry tomatoes and parmesan *(Also available as a main course)*

## DELI SANDWICHES

Please see today's specials board for our current sandwich selection

## GRILLS

- 8oz Sirloin Steak** **£16.00**
- 8oz Rump Steak** **£14.00**
- Chicken Breast** **£11.00**

*All served with slow roasted plum tomato, buttered flat mushroom and your choice of chunky chips, new potatoes or creamy mash*

- Add A Sauce Or Butter** **£1.50**  
Peppercorn sauce, blue cheese sauce, lemon and herb butter, garlic butter or peppercorn and chilli butter

## ANCHOR FAVOURITES

- Local Ale Battered Haddock Fillet** **£12.00**  
With chunky chips, pea and mint puree, homemade tartare sauce and dressed salad leaves
- Anchor Pie** **£11.50**  
British beef cooked in an ale and vegetable gravy, topped with shortcrust pastry. Served with chantenay carrots, peas and your choice of chunky chips, creamy mash or new potatoes
- Sausage Of The Week** **£11.00**  
*(Please ask your server for our current sausage)*  
Served in a giant Yorkshire pudding with peas, parsley mash and a cider gravy
- Homemade Butter Chicken Curry** **£11.00**  
With basmati rice and a garlic and coriander naan *(Just ask if you would like it a bit spicier!)*
- Cherry Tomato, Roast Red Pepper, Spinach & Tintern Cheddar Tart**  **£10.50**  
With buttered new potatoes and a rocket salad

## BURGERS

- The Anchor Burger** **£11.50**  
Homemade beef patty with smoked Applewood cheese and crispy streaky bacon
- Mushroom Burger**  **£10.50**  
Whole roast flat mushroom filled with our own rarebit sauce
- Chicken Burger** **£11.00**  
Chargrilled butterflied chicken breast with crispy streaky bacon and mature Cheddar

*All our burgers are served in a pretzel bun with tomato relish, baby gem lettuce and tomato, with fries and homemade coleslaw.*

## SIDES

**£3.00**

- Buttered New Potatoes**
- Creamy Mash**
- Chunky Chips** (Add cheese for 75p)
- French Fries** (Add cheese for 75p)
- Garlic Bread** (Add cheese for 75p)
- Seasonal Vegetables**
- Rocket & Baby Leaf Salad**
- Caesar Salad**
- Onion Rings**

## DESSERTS

- Apple, Cherry & Oat Crumble** **£5.50**  
Served with either vanilla ice cream or homemade custard
- Chocolate & Hazelnut Brownie** **£5.50**  
With chocolate sauce and Upton farm honeycomb ice cream
- Rhubarb & Custard Fool** **£5.50**  
Ginger shortbread and Chantilly cream
- Baileys Pannacotta** **£5.50**  
Praline, salted caramel sauce and fresh berries
- Lemon Curd Tart** **£5.50**  
Crushed meringue, Upton farm limoncello ice cream and blood orange coulis
- Welsh Cheeseboard** **£7.00**  
Locally sourced Welsh cheeses, homemade chutney, grapes and cheese biscuits
- Traditional Ice Cream** **£5.00**  
Please ask your server for our current ice cream selection

*All of our dishes are homemade using locally sourced fresh products where available. If you have any specific dietary requirements please ask your server who will be only too happy to help.*